KINTHRIVE COACHING

with Casie Fariello

Repair with your child

Find more room for connection—even when things are hard.

exhausted / afraid / unsure / looking for connection



You deserve support, too.

When your child is struggling with mental health or substance use challenges, you may feel exhausted, afraid, or unsure how to reach them.

Together, we explore your patterns and responses, practice boundaries, and work toward repair—without losing yourself along the way.



family

I've been there.

I'm Casie, a mother of three, parent coach, and co-founder of Other Parents Like Me. Peer support changed my life. Being with parents who understood helped me feel less alone and begin looking at myself, too. That experience is at the heart of KinThrive.

WAYS TO WORK TOGETHER

Individual coaching offers space to understand yourself and practice new ways to connect. Group coaching brings that work together with the support of other parents.

Individual

$100 · 50 minutes

Packages

Three $300 · Six $600

Sunday group

$30 per meeting
4pm EST / 1pm PST

Training with Partnership to End Addiction · Trauma-informed approach grounded in NARM

Start with a free 30-minute conversation.

Let's meet, talk, and see whether working together feels right.

Book free conversation

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Coaching is not a substitute for therapy, medical care, or emergency services.